



## STONY MOUNTAIN SCHOOL

Mrs. D. Fenske Principal

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[www.isd21.mb.ca/sm](http://www.isd21.mb.ca/sm)



*“Preparing Today's Learner for Tomorrow”*

March 20<sup>th</sup>, 2020

Dear Parents/Guardians,

This has been a trying week for all as the uncertainty of COVID-19 has led to many questions and concerns in all facets of our lives. Your patience has been appreciated. Our main concern is the safety of all students, staff, and those in our schools.

Our teachers have prepared materials to support student learning during this suspension of classroom learning from March 23<sup>rd</sup>-March 27<sup>th</sup>, and April 6<sup>th</sup>- April 9<sup>th</sup>. The goal of the materials is to give students an opportunity to continue learning while we are unable to teach them directly. Each teacher will provide contact information and learning support to the best of their ability during this time.

We will have materials and report cards ready for pick up at the school Friday, March 20<sup>th</sup>, during school hours. If you are unable to pick up materials that the teacher has left for you at school, please contact your teacher for further instruction. We will mail any remaining report cards. Please note that report cards will only be released to a parent/legal guardian or to the student themselves. Report cards will not be released to siblings or to anyone outside those previously mentioned.

During the suspension of classroom learning, our office hours may fluctuate. Please contact me via email at [dfenske@ids21.mb.ca](mailto:dfenske@ids21.mb.ca) should a phone message not be answered within a needed time frame.

Feelings of anxiety and uncertainty during the disruption of school are normal and to be expected. The best activities for families are those which are low-stress and joyful. Reading together, journaling, baking, playing board games, and going outdoors are educational and encouraged. However, sometimes we need added supports. Here are a few helpful links provided by our guidance teacher, Ms. Bartholomew. She can be reached at [dbartholomew@isd21.mb.ca](mailto:dbartholomew@isd21.mb.ca) should you need further assistance.

Kids Help Phone

1-800-668-6868

[www.kidshelpphone.ca](http://www.kidshelpphone.ca)

Mental Health Resource Guide for the Interlake-Eastern Region

204-482-9723

[https://www.ierha.ca/data/2/rec\\_docs/27990\\_Mental\\_Health\\_Resource\\_Guide\\_2017\\_Final.pdf](https://www.ierha.ca/data/2/rec_docs/27990_Mental_Health_Resource_Guide_2017_Final.pdf)

<https://copingskillsforkids.com> (teaches kids healthy ways to cope with stress, anxiety, and anger)

Kind regards,

Dawn Fenske

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