

# Positive Parenting Program

In Partnership with the Community Re-Source Network

**LOCATION:** Participants can attend in-person at Stonewall Collegiate OR attend virtually via Microsoft Teams. Please see below to register

**THIS 6-WEEK PROGRAM OFFERS PRACTICAL TOOLS, TIPS AND SUPPORT TO PARENTS SEEKING TO STRENGTHEN COMMUNICATION AND CONNECTION WITH THEIR CHILD**  
**THIS PROGRAM WILL RUN WEDNESDAY EVENINGS FROM 6:30PM TO 8:30PM**



**1**

**UNDERSTANDING  
THE TEENAGE BRAIN**

6:30pm April 12, 2023

**2**

**COMMUNICATING  
WITH YOUR TEEN**

6:30pm April 19, 2023

**3**

**ADOLESCENT  
SUBSTANCE USE**

6:30pm April 26, 2023

**4**

**PUNISHMENT VS.  
DISCIPLINE**

6:30pm May 3, 2023

**5**

**SOCIAL MEDIA &  
INTERNET SAFETY**

6:30pm May 10, 2023

**6**

**BUTTON PUSHING  
& BOUNDARIES**

6:30pm May 17, 2023

## - PRESENTERS -

### Tarrah Kirk-Facilitator

Tarrah has 20 years of experience in the social services field and has worked in both the provincial and federal governments. She is passionate about helping others and has extensive experience in dealing with youth, adults, and their families. Tarrah is also an Applied Counselling Instructor for Assiniboine College.

### Jarrett Yaworski-Youth Substance Use Counsellor

Jarrett has been providing addictions services in the Interlake School Division for 15 years. He is a strong believer in person-centred and harm reduction approaches. Jarrett values the importance of building relationships and strengthening community. He provides both counselling services and classroom presentations to grade 7-12 ISD students.

### Cst. Quinn-RCMP

Cst. Quinn has a passion for community policing. He can be found attending our local schools to connect with students and staff and completing presentations that raise awareness to issues of public safety.

**REGISTRATION CLOSES APRIL 5, 2023 - CONTACT US FOR MORE  
INFORMATION OR TO REGISTER:**

**PH: 204-404-9111 | Email: [Abigail.Dessler@rcmp-grc.gc.ca](mailto:Abigail.Dessler@rcmp-grc.gc.ca)**